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| 07:45 | REGISTRATION |
| 08:00 | Welcome |
| 08:15 | Relevant hand anatomy |
| 08:40 | Principles of fixation methods (screws and plates) |
| 09:00 | Conservative treatment of fractures |
| 09:30 | Break |
| 09:45 | Plaster techniques in hand and wrist fractures |
| 10:00 | Operation indication for hand and wrist fractures |
| 11:00 | Extra-articulair finger fractures |
| 11:15 | Intra-articulair finger fractures |
| 11:30 | PIP (fracture) dislocations |
| 11:45 | Arthrodesis of finger joints |
| 12:00 | Lunch |
| 13:00 | Skillslab: Extra-articulair finger fractures (K-wires, screws, plates) |
| 13:30 | Skillslab: Extra-articulair finger fractures (K-wires, screws, plates) |
| 14:15 | Skillslab: Shotgun approach PIP joint |
| 14:45 | Break |
| 15:00 | Skillslab: Finger joint arthrodesis (box cerclage, k-wires, screws) |
| 15:30 | Rolando/Bennett fractures |
| 16:00 | MCP/CMC dislocations |
| 16:30 | Skillslab: Rolando/Bennett fractures (t-plate) |
| 17:30 | Esser Masterclass Dinner |

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| 08:00 | Scaphoid fractures (acute, non-union, malunion) |
| 08:30 | Perilunate (fracture) dislocations |
| 08:45 | Distal radius fractures and additional ligamentous injuries |
| 09:00 | Extra-articulair distal radius fractures |
| 09:20 | Intra-articulair distal radius fractures |
| 09:40 | Break |
| 10:00 | Skillslab: Scaphoid fractures (volair, dorsal) and perilunate dislocations |
| 10:45 | Skillslab: Distal radius fractures (volair, dorsal) |
| 11:45 | Lunch |
| 12:45 | DRUJ trauma (essex lopresti, galeazzi, montegia) |
| 13:15 | Salvage treatment DRUJ trauma |
| 13:40 | Skillslab: Ulna shortening |
| 14:10 | Skillslab: Proximal approach radius and ulna |
| 14:30 | Malunion distal radius fractures |
| 14:50 | Break |
| 15:10 | Skillslab: Correction osteotomie distal radius |
| 16:00 | Carpalia fractures (other than scaphoid) |
| 16:30 | Compartiment syndrome |
| 16:50 | Skillslab: Compartiment release |
| 17:15 | Case discussion |
| 18:00 | Closing remarks, group photo and certificate. |
| 18:15 | DRINKS |